

SKATING SKILLS JUDGING FORM STANDARD PRE-SILVER (PSSS)



Candidate's Name _____ Member # _____

Candidate's Club _____

Host Club _____ Date _____

Strong, true edges, smooth turns, correct posture and effortless flow are expected of the candidate (rule 5105).

PATTERNS	ELEMENTS TEST STANDARDS / EXPECTATIONS				MARK (-3 to +3)	
	<p>1. Backward Double Three-Turns edge quality, extension</p> <ul style="list-style-type: none"> Control throughout, no major sub-curves B 3-turn at top of lobe, F at 2/3 of lobe Gliding edge between turns w/ nicely extended free leg Flow maintained, full ice coverage w/ depth of pattern <p><i>Intro steps opt. Consecutive B dbl 3-turns on 1/2 circles w/ alt. feet (4-6 sets depends on size of ice & strength of skater), BO dbl 3-turns 1st length, BI dbl 3-turns 2nd length (end patterns optional).</i></p>					
	<p>2. Spiral Sequence extension, edge quality</p> <ul style="list-style-type: none"> Edge control & flow in accordance w/ pattern Free leg must be hip level or higher during spirals Awareness of extension of all body lines / Full ice coverage <p><i>Intro steps opt. (R or L start) FO spiral held until long axis, FI opMo, wide-step 2 ft. power push to B Xover, BO spiral held until long axis, FI spiral, FI Mo, BI spiral held until long axis (opt. steps to rpt. pattern in opposite dir.). Spirals sustained w/ ext. free leg for form/flexibility.</i></p>					
	<p>3. Brackets in the Field Sequence edge quality</p> <ul style="list-style-type: none"> Proper edge at strike-off perpendicular to axis, even lobes Controlled brackets (not jumped) in/out on proper edge (no major sub curves) Maintain control of body alignment w/ sense of organization in repetition <p><i>Intro steps opt. (R or L start) 2 sets of turns on 1/2 circles (FO-BI) down approx. 1/2 length of ice surface. Continuing down remaining length (opt. step to transition), 2 sets of turns (FO-BI) on other ft. Entire sequence repeated down 2nd length of ice surface (FI-BO).</i></p>					
	<p>4. Forward Twizzles turn execution, continuous flow</p> <ul style="list-style-type: none"> Traveling turns w/ uninterrupted turn action (not checked 3-turns), correct entry/exit edges Continuous flow (no toe pushing on XS) Strong core and body alignment / Control throughout <p><i>Standing start (R or L) FO roll, F XS, FO 1 1/2 Tw to BI, FO (3 sets ea.) Standing start (R or L) FI roll, FI 1 1/2 Tw to BO, FI (3 sets ea.) (3 twizzle sets rpt. across short or long axis & rpt. on the other ft. in the same manner).</i></p>					
	<p>5. Inside Slide Chassé Pattern edge quality, extension</p> <ul style="list-style-type: none"> Hear a sound of power being generated during slide chassés Good posture & body alignment / Control after BO 3 Body lean over deep curving edges, good-sized lobes Even cadence and flow <p><i>Intro steps opt. 4 alt. patterns of: FI Mo, B power 3-turn, two inside slide chassés. Pattern should cover full length of ice surface.</i></p>					
<p>Only one element may be reskated at the end of the test, if necessary.</p>	<p>Circle Test Result</p>	<p>Retry -15 to -1</p>	<p>Pass 0 to +5</p>	<p>Honors +6 to +10</p>	<p>Distinction +11 to +15</p>	<p>Total</p>

Judge's Name _____ Mbr # _____
(Your written/typed name constitutes your signature.)

Judging Panel Required	Three-Judge Panel (test result determined by majority) Three silver or higher rank test judges certified to judge skating skills	Single-Judge Panel N/A
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